Messy but Worth It!

Lessons Learned from Fighting Food Waste

Tips from Foodservice Manufacturers, Grocers and Restaurants Leading the Way in Food Waste Reduction
There’s no magic bullet for reducing food waste.

— Robert, operations VP, grocery store chain

About this Guide
This guide is for anyone in the food industry who’s trying to reduce food waste. It’s a “What I Wish I Had Known” report, based on interviews with food manufacturers, grocers and foodservice operators. It consists of experience-driven advice about shifting organizational culture and human behavior to keep perfectly good food out of landfill. We interviewed 10 member companies of the Food Waste Reduction Alliance to get their best tips on how to successfully launch a pilot program to minimize food waste and sustainably manage it over time.

About the FWRA
The Food Waste Reduction Alliance is a collaborative effort of the Consumer Brands Association, FMI - The Food Industry Association, and the National Restaurant Association. FWRA’s mission is to reduce the volume of food waste sent to landfill by addressing the root causes of waste, and securing pathways to donate food or recycle unavoidable food waste. Learn more at FoodWasteAlliance.org.

For purposes of this guide, we’ve kept our interviewees and companies anonymous and combined their insights into three “personas” we use throughout the guide to report on lessons learned:

- **Sara** is a sustainability director at a restaurant chain.
- **Elissa** is a supply chain expert at a food manufacturing company.
- **Robert** is an operations vice president at a grocery store chain.
It’s estimated that U.S. businesses and consumers together throw away 25% to 40% of the food that is grown, processed and transported annually. Reducing food waste can be challenging. Businesses can face a shortage of economically viable solutions. You may not have a composting facility within 200 miles of your location, for example, or maybe it’s not feasible for you to pay employees to de-package lettuce bags for hours each week.

It takes time and commitment to build out a food waste reduction plan. But if you start small — and operationalize and integrate these steady changes into the way you do business — you’re on the right path. We hope the advice in this guide will help you either get started or build on your efforts.

As we interviewed food manufacturers, grocers and foodservice operators for their best advice on reducing food waste, five key themes emerged.

1. **Forge an internal food waste prevention culture.** Education and cross-functional teamwork will help you shift the status quo at your company.

2. **Research local infrastructure.** Know your opportunities for food diversion at the local level. This will dictate what you’re able to do.

3. **Recover and redistribute surplus food to feed people.** Work with nonprofit partners to improve and expand your efforts to donate food. You’ll enhance your community impact and feed hungry people in your area.

4. **Measure your current status or it won’t get managed.** Measure the volume of food waste inside your operation.

5. **Consider composting.** If you have the option, our experts say it’s a great addition to a comprehensive diversion strategy.

“Be prepared for ‘the onion.’ I’ll get really excited thinking I’ve found the gold mine of food waste data, but then I start peeling the onion and it takes me down a completely different rabbit hole.”

— Sara, sustainability director, restaurant chain

The U.S. Environmental Protection Agency’s Food Recovery Hierarchy prioritizes actions to prevent and divert wasted food. Each tier focuses on different management strategies. The top levels are considered the best because they create the most benefits for the environment, society and the economy.

**SOURCE:** U.S. Environmental Protection Agency
FORGE AN INTERNAL FOOD WASTE PREVENTION CULTURE.

While reducing food waste is usually not centralized in any one person’s job description at the food companies we talked to, food waste touches multiple employees across many departments. That means that any effective food waste prevention and management strategy must be embedded in the decisions your employees and managers make each day across your organization.

How food is used (or wasted) has wide-ranging implications for your business. It affects your:
- Cost of goods (supply chain)
- Energy and waste hauling expenses
- Carbon footprint
- Food donation
- Philanthropic impact
- Employee engagement
- Corporate reputation
- And much more

Our experts offer ideas on how to build food waste prevention into your internal culture. Among their top recommendations: Find a champion, use data, build and leverage cross-functional teams, use consistent training to make standard operating procedures “stick,” and align your incentives to promote waste reduction.

➤ GALVANIZE A CHAMPION.

- Tailor your pitch. As you talk to potential champions, keep their needs in mind: Are they concerned with cost savings? Do they need to meet specific targets? Are they charged with mitigating regulatory risks through better compliance? Develop your pitch accordingly.
- Propose starting small. Small pilot projects help you keep costs low. They’re an easier way to learn how to turn food waste reduction theories into practice and start to manage organic-waste regulations.
- Highlight the benefit for employees. A company’s efforts to manage and reduce food waste can be a great tool to engage and retain employees.
- Talk about the business case. Focus on shrink, markdown or food loss. This implicitly embeds the business case into your food waste pitch.
- Look at what sells in your store or restaurant. Higher-volume products or orders may yield even bigger cost savings if you can cut waste.
- Align with sustainability goals. Highlight the role food waste plays in climate change and how that ties into your company-wide sustainability metrics and goals. How does minimizing food waste help achieve your company’s environmental, social and governance (ESG) or sustainable development goals?

“I’m not even going to venture a guess about the hours I’ve spent on food waste. It’s a labor of love.”
— Robert, operations VP, grocery store chain

“My best advice is to get buy-in from the very top — ideally, your president or CEO. Championing food waste takes an up-front investment. It can take a lot of time. Without support and communication from executive leadership it can be hard to get employees in other departments to dedicate time and resources.”
— Robert, operations VP, grocery store chain
CAPTURE SOME INITIAL DATA.

As you build an internal culture focused on food waste prevention, use numbers to help tell your story. Kick off your pilot with a food-waste audit at one or more of your locations. Set aside edible, surplus wasted food and inedible food waste at the test site(s) for a week to measure the volume and weight. Speak directly with your plant managers and employees at food manufacturing plants, logistics mavens at warehouses and distribution centers, and chefs and dishwashers at restaurants. You'll be able to see firsthand and understand why, and where, food waste occurs. This firsthand knowledge will help you plan actionable next steps. Get more detail on measuring food waste on page 12.

CREATE AND INVIGORATE CROSS-FUNCTIONAL TEAMS.

No single part of a food organization “owns” food waste. Food waste starts with the ordering (procurement) and then is touched (sometimes literally) by inventory management, chefs, food-line processing technicians, dishwashers — and even waste-haulers, distribution-center teams, and delivery-truck drivers. Each group measures success differently. Each is held to different goals and targets. They may even understand “food waste” differently — to a chef, for example, “shrink” doesn’t necessarily mean food loss, and “edible food surplus” is different from vegetable trimmings.

You’ll need teamwork to make food waste reduction part of your culture. That starts with a common language around food waste, so everyone understands each other.

“If you separate your food scraps, you see the waste firsthand. If you put it in the trash bin and then close up the trash bag, it’s out of sight, out of mind. But if it’s visible, you can ask, ‘Hey, why’s that pineapple in there? What happened with those bananas?’”

— Sara, sustainability director, restaurant chain
As with most business processes, you’ll likely roll out just two to three amended standard operating procedures over time, rather than integrating all the changes at once. You may find it helps to pitch changes as a way to more efficiently manage product, rather than as a food waste initiative. Robert, our grocery executive, and Elissa, from a food manufacturing company, tried two different approaches to cross-functional teams:

At the retail grocery chain, Robert created a **food waste and shrink management team** charged with investigating and rolling out opportunities to reduce costs, improve margins and increase profitability. The team set up a cross-functional task force to look at food shrink, examining this loss from every perspective: inventory management, production planning, scan-out procedures, and food rescue policies. They collaborate to identify the tools and support needed to make an impact.

Elissa’s **food manufacturing company** created a **cross-functional food waste action team** made up of team members from areas across the company, from manufacturing to the company’s foundation. Each person updates the team each month about their food waste related work streams, offering a high-level view of the company’s food waste efforts. This enables Elissa’s company to quickly and easily connect the dots across the functional areas and expand insights and opportunities. Their work helps make food waste reduction and food recovery a top company priority across all the relevant departments.

“I wish I had started collaborating with other teams from the very first phase of our food donation initiative. Things have gone much more smoothly now that we have.”
— Elissa, supply chain expert, food manufacturing company
MAKE YOUR SOPS “STICK” THROUGH CONSISTENT, REPEATED TRAINING.

As you establish or amend standard operating procedures to reduce food waste, make these SOPs stick through consistent, repeatable training. Follow-up training is critical to ensure new and existing staff understand food waste processes. (That’s especially true in businesses with high employee turnover; the turnover rate in the restaurant industry was 72% in 2019, for example.) Once you figure out what works, incorporate the training into your employee manuals. Translate your material into languages that are accessible to your front-line employees.

Lessons learned
Restaurant composting
Sara’s restaurant company rolled out a pilot composting program to bring the company in line with some local regulations on organic waste diversion. The company made a few missteps:

▶ Didn’t repeat training: The company’s sustainability team did the training once and never repeated it.
▶ Leveraged archaic IT: The company put its training video on a DVD, but none of the participating restaurants had DVD players staff could use to watch the training videos.
▶ Collected insufficient input: Ask your front-line teams and operator/managers for their input on the most effective ways to train. After talking with employees, Sara’s company developed a 6-part webinar series and made it required viewing for each location’s food waste champion. The trainings helped employees understand how to design a waste strategy based on the needs of their individual location — their menu, their supply chain, and their local food-donation and waste-diversion infrastructure. Not every operation has a pig farm or an anaerobic-digestion plant nearby!
▶ Didn’t explain the why: The company trained team members on the process of composting — but not on the purpose or environmental impact. Without that context, team members didn’t understand the new tasks added to their workloads — and didn’t implement the diversion efforts with the right attention to detail. Make a concrete connection in your training materials between food waste reduction efforts and benefits to the community, environment and the business itself. As the advocate for reducing food waste, you make the connection, but your employees might not. Help them see the benefits of these efforts through local activities, such as a volunteer day where employees assist the local food bank and see how their food donation efforts alleviate hunger in their city. Bring compost back from the composter and plant flowers or herbs at one of your locations to show how food waste literally becomes new soil.

“Make sure you can speak the language that resonates with leadership or the group whose behavior you’re trying to change. If I talk ‘waste,’ no one listens. If I talk dollars, I have their attention.”
— Sara, sustainability director, restaurant chain
If you’re donating food, plan on even more teamwork

Food-rescue or food donation efforts take extra teamwork, including engaging and getting feedback from your front-line employees who play a critical role in maintaining food safety. You need to take every step to reduce the risk of contamination and ensure that delivered food is fit for human consumption. It’s important to ensure everyone learns and exercises proper food handling and safety, safe delivery, and recordkeeping protocols. Some tips and advice:

- Do your homework to understand state and local food donation and food safety laws, so you can help ease employees’ concerns about liability.
- Engage all teams early on. Attend team meetings. Solicit feedback from team members about the best ways to build a program that works for them, that isn’t burdensome and that doesn’t conflict with their prescribed work duties.
- Embed the process into existing operations channels, rather than bolt this onto the work of your foundation or sustainability team. Roll out new efforts and policies through the communications channels your divisions typically use.
- Reiterate that food donation efforts don’t conflict with your company’s primary goal when it comes to food waste, which is to reduce food waste before it’s created.
- Cultivate advocates by engaging with them personally; invite team members to join for a volunteer activity at a food bank or hunger relief nonprofit.

“I wish I’d gone back every six months after I kicked off the program. Team members change, management changes, and the staff need continuous follow-up, especially around the ‘why’. Education is key.”
— Sara, sustainability director, restaurant chain

ALIGN INCENTIVES WITHIN THE ORGANIZATION.

If employees have to step too far outside their normal routines to facilitate what they see as “your” food waste reduction initiative, the effort could quickly fizzle and everyone could return to business as usual.

To avoid this, integrate food loss and food waste into department goals. Align food waste outcomes with priorities and work plans. Include food waste in key performance indicators (KPIs) for your departments as well as for individual team members.

Keep in mind that people in positions that can have a big impact on food waste often aren’t the ones who see the cost savings or the benefits of food waste reduction. Front-line staff who trim waste or stop overproduction don’t benefit financially from lower waste-hauling fees. Find ways to incentivize people in the right roles to manage food waste responsibly. Incorporate these incentives into appropriate business processes throughout the organization.

Aligning Incentives: Two Successful Examples

- Robert’s grocery chain ties its food-shrink goals to the employees who are on the food waste and shrink management team and sets specific KPIs for product category managers.
- Sara’s restaurant company elevates food waste into senior management’s KPI dashboards. The company provides regular metrics about food loss and waste — right alongside metrics about the company’s sales, employee retention rates, and food safety.
Align the financial incentives for food donation

If a business donates food and correctly tracks and accounts for the donation, the company can receive a tax benefit through an enhanced tax deduction for food recovery. Make sure your company is incentivizing your stores or divisions to participate. Here’s how two companies handle it.

▶ Deliver benefits to the bottom line: The tax department in Elissa’s food manufacturing company found that the tax benefit for food donation went right to the bottom line for some divisions. For others, the benefit went back to the corporate entity. After learning about this issue, the company’s tax executives realigned the incentives by giving back all the tax benefits to the divisions directly.

▶ Encourage competition: In Sara’s restaurant company, the food donation tax benefit goes to the corporate entity. The tax department incentivizes stores to participate by sharing each store’s food recovery response rates in an email to all division leaders. Because division leaders know their peers can see noncompliant response rates, the tax department hardly ever sees less than 100% reporting compliance.
You need to understand your local options for diverting food waste. You may not want to start a composting pilot program if there are no composting facilities available for hundreds of miles, for example. The vehicle emissions and hauling costs could negate the environmental and economic benefits of the program.

Find a location that has an affordable local infrastructure for food waste diversion and use this for your pilot. In the U.S., infrastructure for food-waste diversion is still growing. If you’re able to find a low-risk way to pilot a project, this will help you prepare to implement programs on a larger scale later in the future. Pilot-testing low-cost or cost-neutral partnerships will help you develop and vet procedures early and help hedge against the cost of compliance for future organics diversion regulations growing at the state and local levels.

Before you launch your program, make sure your team understands local regulations, including solid waste and health department rules.

**Pilot Projects/First Initiatives as Learning Opportunities That Could Evolve.**

The infrastructure for food waste diversion is transforming. Local vendors and opportunities are emerging across the United States, but sometimes they’ll change, and sometimes they’ll fail. As you work within the available infrastructure, set expectations at your company that your pilot will be a limited-term initiative. That way, your plan maintains credibility even if a vendor is inconsistent.

If you’re looking at composting, consider starting a pilot program at a distribution center and or a manufacturing plant. This “upstream composting” can be a good way to start to identify roadblocks before engaging retail and foodservice sites.

**Lessons learned**

- Sara’s restaurant company got 20 of its locations to participate in the company’s pilot composting program. They leveraged a single composting vendor. Unfortunately, the vendor shut its doors. Now senior executives are reluctant to start more programs until they know they have options for multiple vendors within a region.
REALIZE THAT WASTE DIVERSION IS A COST-BENEFIT PUZZLE.

Reducing your waste-hauling costs may be one way to shift more resources to food waste projects. If you can send more food waste to composting or anaerobic-digestion facilities rather than to landfill, you may be able to reduce your dumpster size or pickup frequency.

Still, the economics may depend on how your waste-hauling contract is structured. Since food waste tends to be heavy and compact, it’s relatively low-volume compared to other materials. If you have a waste-hauling contract based on volume, rather than weight, you may not see big waste-hauling savings when you cut back on the food waste going to landfill.

When diversion is too expensive, it can be difficult to get executive buy-in for a pilot program. In this case, you may be better off trying other approaches. You may want to invest in software for predictive ordering, for example, or shift toward recipes aimed at zero-waste cooking.

REMEMBER: EVEN “FAILURES” ARE VALUABLE.

One of Robert’s grocery brands tried to compost in a location where landfill costs are low. The company collected loose produce trim and spoiled produce at hundreds of locations for composting. However, because of the added cost to separate, haul and compost the waste, senior management stopped the program after a few years.

The effort may sound like a failure, but it was a great lesson. The pilot project proved to Robert’s company that reducing food waste, rather than trying to divert it, made more sense until the economics shift toward cost-effective composting.

Organic recycling mandates can have unintended consequences

It’s important to understand local regulations before you pilot any program. One of Robert’s grocery brands aggregates excess product by backhauling it and bringing it back to distribution centers in bulk. (Backhauling is the process of refilling a recently offloaded delivery truck with different product so the truck is never driving empty.) Unfortunately, this approach may not work in every location. Some localities require that food waste be transformed into fuel (through anaerobic digestion) at a municipality’s own facility.

More organic recycling infrastructure is welcomed, but local policies sometimes limit food waste best practices. Make sure you’ve done your homework on the local rules.
RECOVER AND REDISTRIBUTE SURPLUS FOOD TO FEED PEOPLE.

Food businesses can work with nonprofits to recover and distribute perishable surplus food. They can also lend their expertise as a way of providing pro bono support to nonprofits who serve the community. Food recovery is not just a technique to divert unused food; it’s a part of hunger relief for individuals experiencing food insecurity. There are many ways you can deepen your impact with these nonprofit partners.

- **Bring food rescue organizations to the table early.** Have a full understanding of the services they provide to those in need (e.g., home delivery, school lunches), since this will influence the types and quantities of food the food bank can use.

- **Ensure the product is in the best form it can be.** Donating food that is at or near its discard date (“USE by” dates) can have the effect of transferring the cost of disposal from the donor to the food bank. Start a conversation about how to help nonprofits minimize their food waste (e.g., by changing what’s sent to donation, or investing in refrigeration).

- **Fund staff and infrastructure.** Food recovery operations need dedicated professionals to manage donations. They also need other help: One big contributor to food waste at food banks is a lack of refrigeration space or refrigerated transportation. Food banks are often under-resourced for infrastructure investments.

- **Providing technology training.** Many large nonprofits and food banks operate on thin budgets. Proactive training and education about how these nonprofits can adopt the right technologies can be key for digital donation platforms.

- **Lend food safety expertise.** Leverage your businesses’ quality assurance expertise on time-and-temperature control to support training front-line or back-of-house employees.

- **Volunteer.** Create volunteer opportunities for front-line and corporate employees to translate your donations into community-building relationships.

**How can I incentivize franchisees?**

Most corporate operations don’t require their franchisees to use food-rescue programs, but it’s important for restaurants to know they can directly claim an enhanced tax deduction through food donations. Sara’s restaurant also uses company-wide internal recognition of its restaurants that donate food to generate more interest.
Is expanding your food-donation efforts at odds with your goals to reduce shrink and food waste?

Hypothetically, eliminating food waste means eliminating food donations. So is setting up a food donation program at odds with your primary goal to minimize your food waste? Elissa, the supply-chain expert at a food manufacturing company, constantly reminds her team that reducing shrink is the top goal. She also lets them know that a food-donation program doesn’t conflict with that goal. Many companies even report that once they set up a regular donation schedule, they see a drop in the amount of food they donate. Food waste tracking during the donation process may reveal consistent surpluses of a commodity, and companies can then work to minimize the surplus, since preventing waste at the source is always the first approach.

You may also be able to continue a robust food donation program by expanding what your company donates. Elissa’s team members were initially reluctant to include perishable products for donation. But Elissa used the volume of those categories to identify a concrete business case for how donating those products would decrease shrink. Once she shared that business case with the VPs who managed those product categories, they were on board.

Some advice from our experts:

- A tax benefit may drive a manager’s participation, but front-line employees are usually more excited about understanding the community impact of food donation.
- Make sure your corporate headquarters educates franchisees about donation liability protections and proactively shares information about federal protections for food donors through the Good Samaritan Food Donation Act.
- Establish temperature control processes for temperature-sensitive products.
- Vet nonprofit partners to identify those that respect the cold chain and have safe food handling practices in place.
- Make sure your corporate marketing team promotes franchisees’ efforts, to ensure donation stories are captured and shared broadly. Everyone likes some healthy business competition!
MEASURE YOUR CURRENT STATUS OR IT WON’T GET MANAGED.

“Measuring food waste can be complicated. Data may be stored in different software “nooks and crannies” across your business enterprise. Collecting and analyzing it will take time. Even after you find the right data sources, you’ll need to integrate them into a system that’s institutionalized and validated.

Measuring edible retail food waste isn’t always straightforward. Composting data doesn’t necessarily represent food that could have been eaten — for example, for composting purposes, watermelon weight includes rind weight. Food-donation data tracked by scanning food-item barcodes (i.e., using a laser scanner and barcode for groceries) often tracks costs rather than edible food weight. Most businesses in the food chain don’t capture metrics on food-surplus weights.

If you’re a franchisor, it may also be difficult to collect data from your franchisees. Getting information on hauling contracts or food donation numbers is challenging, especially when franchisees have other reporting responsibilities that are more business-critical.

But even with these limitations, understanding the food waste “foodprint” along the supply chain reveals opportunities for logistics improvement.

Lessons learned

- By analyzing its entire supply chain, one grocery chain was able to make changes to cut waste. It reduced the time one perishable product spent on the road from five days in a delivery truck to three, added two extra days of shelf life for its yogurt products, and adjusted its delivery strategy.

- Through food donation programs, food companies have a way to capture data about products with a consistent food surplus. The data will help with better ordering.

“Which weight is up? If you can translate your food-waste efforts around profitability into pounds — and then communicate those findings back to each team — you’ll help spread the common language of sustainability.”

“My baseline was that the business could reduce food waste by 30% in six months. Now I have a baseline for our specific business. It’s been a huge shock for me how difficult it’s been to set a baseline for our food waste. I’ve been working on it for six months. Before I started, I would have thought I’d be finished by now.”

— Elissa, supply chain expert, food manufacturing company

“When our merchant team tells us they’ve reduced markdowns by a certain number of units, we have to ask whether that’s a light product, like mushrooms, or a heavy product, like watermelons. In terms of saving dollars, the reduction in markdowns is great. But in the process, you may have grown your shrink in watermelons, which are way heavier than mushrooms.”

— Robert, operations VP, grocery store chain
Composting falls lower in the food recovery hierarchy than other strategies to manage food waste, so it may not be one of your go-to choices for diverting waste. But our experts say it can be a helpful part of a comprehensive strategy if you have the option. (Note: With some modifications, these lessons learned about composting also apply to anaerobic digestion.)

Composting isn’t a one-size-fits-all solution. A lot depends on the end market for feedstock or organic surplus. The ultimate byproduct that your food waste will create dictates what product can be sent to a composting or anaerobic-digestion facility.

Composting gone wrong can turn any business operator off to the entire process. It’s important to anticipate these roadblocks before piloting a composting program. Pests, odor and workplace injury can be avoided through proper training. You’ll need to educate your team members on what composting is and why it’s important, especially employees who have to de-package products for diversion.

“Preparing and serving food to people is what we do, so food donation is natural for our employees. But composting asks our employees to become waste managers, which doesn’t come as naturally.”
— Sara, sustainability director, restaurant chain

“If it’s just a transaction and you don’t have any strategic initiatives with the vendor, then it’s just another program that could be gone tomorrow. Investing in the partnership is going to pay off.”
— Robert, operations VP, grocery store chain
In it for the long haul: Strategic composting partnerships

Our grocery-store exec, Robert, recommends seeking out vendors — both haulers and end-market companies for your composted waste — who want to partner with you on the details of your program over the long term. Multiple companies can help source-separate at a pilot location, and then work with you to build out a composting program.

Among the lessons learned by our experts who have piloted a composting program:

► Multiple pickups of smaller volumes can be costly but can mitigate the problems of odor and pests.
► Organic-recycling vendors define “contamination” differently, and set different thresholds for contamination (e.g., forks, petroleum-based plastics like bottle caps). Note: If your waste has high contamination rates, you may face fines in a jurisdiction that requires composting, or you could get kicked out of a voluntary composting program.
► Understand worker injury risks. Food waste streams are heavy material consolidated in containers. Use appropriately sized receptacles to ensure maximum food-waste weights are reasonable.
► Rolling used food-waste bins into kitchens or food processing plants from waste disposal areas can pose contamination issues.
► Ask up front whether a hauler has bins with liners, who is responsible for cleaning the bins, and whether new bins will be dropped off after pickup.
► Coordinate with your compost hauler to ensure you purchase the proper liners for your compost bins. Some vendors require liners that are certified compostable, which can cost extra.
► Line your bins to make cleanup easier — but if you can find a hauler who will clean and replace the bins after collection, that’s even better.
► Test the liners’ strength. Food waste is extremely heavy. One company was forced to double-bag its liners because the bags kept breaking.

► WORKING WITH YOUR COMPOSTER: HELPFUL TIPS

Robert’s grocery locations eventually worked with their partners to:

► Pick up food waste seven days a week.
► Build composting container wash-out stations right into the food trucks, to return clean bins.
► Replace liners in the totes.

Thanks to the partnership, Robert’s company was able to bring its vendor to states that did not have the same composting infrastructure. Working together, they were able to mirror their pilot-store operations, and as they spread to other locations, are collaborating to identify end destinations for the composted material.

► IN CONCLUSION

Managing food waste is not simple. But if you can manage internal expectations and start small, it’s possible to have a significant environmental and social impact while cutting costs. There are many resources available to assist, including additional Food Waste Reduction Alliance networking opportunities.

Learn more by visiting FoodWasteAlliance.org or contacting us at fwra@consumerbrandsassociation.org.
APPENDIX: SUGGESTED RESOURCES

Measuring Food Waste

- LeanPath: Leanpath.com/solutions/

Managing Change

Human behavior change is tricky and word choice and how and when you communicate make a big difference in how well employees and colleagues adopt your ideas. Some resources:

- Tools of Change, a free online behavior-change resource for environmental, health, and social efforts: Toolsofchange.com

Other

- Meal Connect, Feeding America, connects food donators to food banks: MealConnect.org
- Food Rescue US, a nationwide organization that bridges food banks and needy individuals: Foodrescue.us
- Composting resources near you: FindAComposter.com
- ReFed Innovator Database, innovative small businesses to pilot programs with: Refed.com/tools/innovator-database